

Public speaking, private consultations, self-help books & CDs covering sex therapy, parenting and self-development

# DR JANET HALL

CLINICAL PSYCHOLOGIST & HYPNOTHERAPIST  
*POWER AND PASSION*



Dr Janet Hall's newsletter



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## Dr Jan - Power and Passion - Essential Information - April 07

A PICTURE TELLS A THOUSAND WORDS!

My Essential Information in this Dr Jan News is all about a significant discovery which is still not widely known. The information is Essential if making love is to be enjoyed with maximum pleasure - especially for women.

I was recently at the World Health Congress in Sydney where Helen O'Connell (Australian Urologist) talked about her discovery in 1998 that the female clitoris is not just a 'button'. In fact, it is a very large organ, shaped like a 'wishbone'.

It is the central and external glans (the button you can see) and internally it has long legs either side. Attached to the legs are spongy bulbs. One explanation advanced for the vaginal orgasm is that it results from stimulation of the internal parts of the clitoris during vaginal penetration. Nevertheless, some women experience both clitoral and vaginal orgasms and distinguish between them in terms of both the physical and general sensations associated with each.

You can see a visual representation of the organ here.

This truly IS ESSENTIAL information to maximize pleasure for all lovers who are empowered to relax and enjoy the extent of stimulation which can be created by this knowledge.

Dr Jan - Power and Passion

PS. For those who are interested in more of this Essential Information, you might like to 'whitelist' my email address in your Spam Filter so that these emails will get through.

This time I have done my best to avoid using the three letter word which often describes some of the therapy I do... and how could I head this email: Did you know that the Clitoris is really a Wishbone?

Also, feel free to pass this Essential Information on - You WILL make someone's day. You may SAVE someone's relationship.

How many times have you heard the saying "Knowledge is power?" BUT you then must say in addition - "only when it is applied..."

Please send me your learnings about this topic as you apply it, so I can include it on my website!

© Accelerated Success Centre • 111 Hoddle Street, Richmond, Victoria 3121 Australia  
Phone: +61 3 9419 3010 • Fax: +61 3 9429 7822 • [drjan@drjanethall.com.au](mailto:drjan@drjanethall.com.au)